Strategy II, Individual Level:

**Career Strategies for Individual Anesthesiologists**

Elizabeth van Geerenstein, PhD, MBA

Novotel Brainpark, Rotterdam

September 24th, 2011

**Van Geerestein's Careerline**

Elizabeth Van Geerestein was born and raised in the United Kingdom. She studied Molecular Biophysics at Leeds University, UK followed by a PhD. in Biochemistry & Molecular Modeling at Sheffield University, UK. After a brief period at US chemicals company, Hercules Inc., she embarked on an MBA, RSM, Erasmus University, which was the pivotal point for her to begin a career in management consultancy. Over the course of the next 6 years, Elizabeth worked in diverse lead consultant roles for Ernst & Young, KPMG Consulting and Atos Consulting, across 3 continents. In 2006, she left Atos Consulting to begin her own company Papillon & Partners B.V., a coaching, consulting and training company specializing in all aspects of personal and leadership development. Prof. van Geerestein is professor of Leadership Development at the Rotterdam School of Management.

**Course Schedule**

08:00 Welcome and purpose of the workshop, Héctor Medina

08:15 Introduction to Career Development: from nurturing to exiting, from rehashing to reinventing

08:30 Identifying Mid- and Long-Term Professional Goals, Alternatives and Scenarios

09:15 Accountability

09:45 Coffee break

10:00 Core Values: Avoiding Cognitive Dissonance

11:00 Participants At Work: Challenging Your Fears and Stationary Views

12:30 Lunch

13:15 Your Emergenetics Blueprint: How to Play to Your Behavioural Strengths

14:45 Coffe Break

15:00 Solutions: Establishing Your Professional Roadmap and Sticking To It

15:40 Conclusions

16:00 End